



## Conservative treatment of minimally displaced midbody fractures of the proximal sesamoid bone in 8 horses

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### Reasons for performing study

It has been proposed that midbody fractures of the proximal sesamoid bones in horses requires internal fixation for horses to return to full function and racing.

### Objectives

To report a small series of horses with minimally displaced midbody fractures of the proximal sesamoid bone treated conservatively.

### Methods

Medical records and racing records were reviewed for eight horses with single midbody fractures of the proximal sesamoid bones.

### Results

Conservative treatment alone resulted in return to function on all eight horses, although one thoroughbred was retired from racing and used for recreational riding.

### Conclusions

Minimally displaced midbody fractures of the proximal sesamoid bones can heal with conservative treatment.

### Potential relevance

Should surgery, for some reason, not be an option it may still be possible to treat horses with midbody fractures of the proximal sesamoid bones.

### References

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